Problems 10: Shell Model Calculations

Calculate the low-lying spectra of the nuclei¹:

Name	Nuclei to calculate
An	$^{20}\mathrm{Ne}$
	$^9\mathrm{Li}$
Daniel	$^{24}\mathrm{Mg}$
	$^{20}\mathrm{Ne}$
Jan	$^{25}\mathrm{Al}$
	$^{68,70}\mathrm{Cu}$
Nadia	$^{30}\mathrm{Mg}$
	$^{84}{ m Kr}$
Peter	⁸ Be
	$^{19}\mathrm{Na}$
Sarah	$^{24}\mathrm{Mg}$
	$^{210}\mathrm{Bi}$
Stijn	$^{20}{ m F}$
	$^{57}\mathrm{Fe}$

¹Please, read carefully the notes how to use Oxbash code (Summary of this Lecture) and discuss with Nadya the model space and the interaction you choose.